

COURSE AND CAREER DECISION MAKING



Throughout our lives we all face times when we must make decisions about our next career move. It may be that we are looking for a change in our work lives or that change has been imposed on us.

At times, our next course or career step may be straight forward and easy to navigate and at other times it may be confusing and overwhelming.

An effective strategy is to break your decision making down into four key steps.

TIP! This resource, with hyperlinks, is available at <https://www.jcu.edu.au/careers/information-sheets>

Step 1. Understand yourself

Self-Awareness, is understanding yourself, what drives you

